



Jude Read is a Senior PGA Coach and Custom Fitting Specialist at Manston Golf Centre with over 20 years' experience of coaching golf.

In this month's Q&A Jude talks to Andy Bayross who is a player on Jude's highly successful Pathway Program and how this unique coaching program has helped his golf.

**What was wrong with your game before you came to see Jude?**

*"No confidence in what I was doing and no consistency."*

**How many shots better on the course are you / how many shots lower is your handicap?**

*"I'd say at least 10 shots better over 18 holes."*

**What frustrations did you have when playing before joining the program and how did you feel once you completed your first 4 months?**

*"I didn't enjoy golf that much because I wasn't very good and didn't understand what I was doing or how to improve."*

**How has your knowledge and understanding of your swing improved?**

*"Video analysis has been game changing, understand about the different paths and where the face should be at different points has really helped my game."*



**How does it feel now you have solved the frustrations about your game?**

*"Feel so much better about my game and enjoying it **A LOT** more. It doesn't mean I still don't have frustrating days and still want to improve, but frustrating shots come with a lot more good shots and understanding now."*

**Would you say the Pathway Program is different from other packages you have experience with, if so how?**

*"Pathway programme has been great for me as allowed me to improve my game dynamically which has felt like a natural flowing progression, rather than*

*bit by bit breaking things down for a couple of lessons here and a couple there. Committing to something like this for the longer term has helped me get past my initial fear of booking lessons, which was have one or two, see how it goes, if I'm still bad at golf then I'll stop! I now have a whole new outlook on it and feel addicted to it, constantly wanting to play and improve and the playing lessons have certainly helped that."*

**What would you say to someone if they asked you if they should they apply for the Pathway Program?**

*"If you want to improve your golf in a friendly, relaxed and professional manner over the medium to long term then the pathway programme is for you. Best thing I've done with my golf!"*



**You can see if you qualify to join this program by contacting**

[jude@teachgolf.co.uk](mailto:jude@teachgolf.co.uk)

or visit

[www.teachgolf.co.uk/start-here](http://www.teachgolf.co.uk/start-here)